

ISSN: 2394-3904

Volume 16 - Issue 09 I September 2025





ICT Connect now offers audio experience for all your favorite articles. Perfect for on-the-go learning.

Check out ICT Connect's Audio edition now!"



## INSIDE

05	<b>2030 GCC OPERATING MODELS</b> THE RISE OF MICRO-CENTERS, EDGE WORKFORCES, AND SELF-HEALING SYSTEMS
06	IF I COULD SPEAK MY MIND
07	BRAIN GYM IN THE ERA OF "BRAINROT" RETHINKING CHILDREN'S RELATIONSHIPS WITH DEVICES
80	FEEDING THE FUTURE AGRITECH'S ROLE IN SUPPLY CHAIN AND RETAIL EVOLUTION
09	MORE THAN A POLICY OUR ACTIONABLE APPROACH TO DEI
10	THE HUMAN ELEMENT OF CYBERSECURITY
11	BEYOND THE TRADITIONAL BOUNDARIES THE RISE OF MICROLEARNING AND ON-DEMAND TRAINING
12	WHISPER-FIGHTING IN RELATIONSHIPS A PLAYFUL TOOL OR AVOIDANCE TACTIC?

13	WORKFORCE INTELLIGENCE AS A SERVICE (WIAAS) THE NEW FRONTIER IN TALENT CONSULTING
14	WORKPLACE CULTURE, LEADERSHIP, AND WELLNESS BEYOND PRODUCTIVITY
15	THE HIDDEN PRESSURE OF LINKEDIN WHY COMPARISON IS STEALING OUR PEACE
16	HARNESSING TIPS FROM SPORTS PSYCHOLOGY
17	FROM CLASSROOM TO ALGORITHM HOW AI AND GAMIFICATION ARE REIMAGINING LANGUAGE LEARNING
18	THE ZERO-BURNOUT BLUEPRINT 7 NEUROSCIENCE PRINCIPLES TO BUILD MENTAL RESILIENCE

#### **ICT Connect**

A Monthly EduTech Magazine. September 2025 - Volume 16 Issue 09

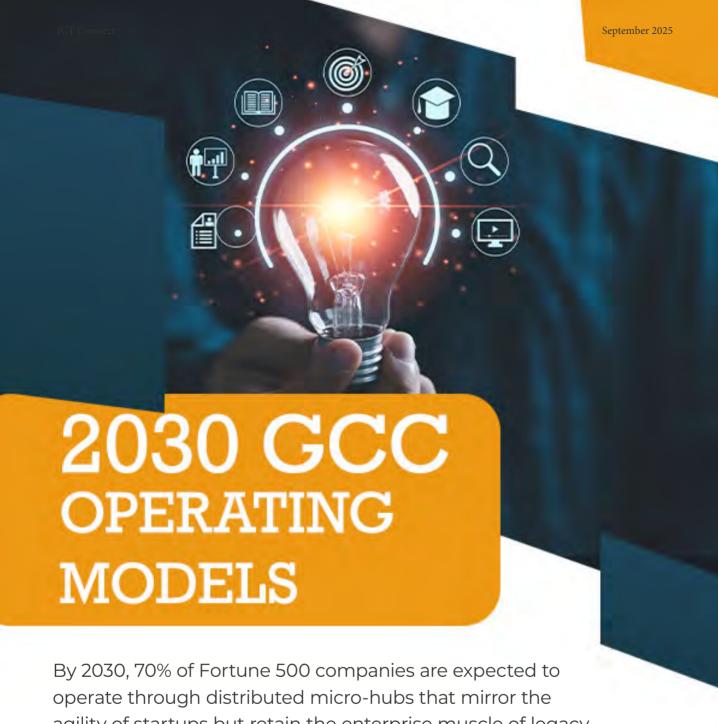
Published By

#### **ICT Academy**

Module No E6 -03, 6th floor Block - E, IIT Madras Research Park, Kanagam Road, Taramani, Chennai - 600 113. Tamil Nadu. India. Ph: +91-44 - 4290 6800 / 6820 editor@ictacademy.in | www.ictacademy.in

#### Disclaimer:

The text and other materials on ICT Connect magazine are the views and opinions of the specific author and are not statements of advice, opinions, or information of ICT Connect or ICT Academy. All trademarks and / or registered trademarks are the property of their respective companies and / or owners. Nothing may be reprinted in whole or in part without written permission from the publisher. Individuals are authorized to photocopy items only for personal use and not for commercial use.



By 2030, 70% of Fortune 500 companies are expected to operate through distributed micro-hubs that mirror the agility of startups but retain the enterprise muscle of legacy systems. These "micro-centers" are satellite GCCs set up closer to emerging talent pools, customer clusters, or specialized ecosystems.



KUMAR RAJAGOPALAN
VICE PRESIDENT
STRATEGIC INITIATIVES AND COUNTRY HEAD INDIA
DEXIAN

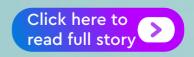
## IF I COULD SPEAK



I hear a lot of things adults think I don't understand. They talk in front of me, assuming I am too lost in my own world to notice. But I notice. I hear my parents arguing late at night about my future. Hear teachers say, "He will never be like other kids". I hear the word "burden". I hear the word "problem". I may not respond like you expect me to, but I understand more than you think. I know when people are tired of me. I know when I am being tolerated, not welcomed.



ABHIRAM R
NEUROCOGNITIVE DEVELOPMENTAL THERAPIST
HOPE — THE EARLY INTERVENTION CENTRE



# BRAIN GYM IN THE ERA OF BRAINROT\*\*

Now Listen to Full Article

The 2024 Oxford Word of the Year was "brainrot", which essentially refers to the decline of cognitive functions due to over-consumption of trivial online content, mainly on social media. But even beyond

the virtual world of social media, the way we depend on our phone's reminders more than our own memory or on ChatGPT than our own problem-solving skills, it is evident that we are outsourcing our natural brain functions to devices increasingly, causing them to stay un-stimulated and literally- "rot". What if I told you- where there is brainrot, there is also a brain stimulation hotspot? My experience

of working with neurodivergent children has taught me exactly that. I have heard children who may not have learnt to say "hello" recite entire songs they've heard on YouTube.



PRAGYA SAHA
NEUROCOGNITIVE DEVELOPMENTAL THERAPIST
THE EARLY INTERVENTION CENTRE



## FEEDING THE FUTURE

Satellite monitoring, Al-driven weather predictions, loT-enabled irrigation, and blockchain traceability are no longer buzzwords but practical tools. In fact, satellite-based farm advisory has already helped farmers increase their profitability by more than two to three times per acre, proving how data can convert uncertainty into confidence.



Click here to

read full story

DISC — SOLUTIONS AND SALES — INDIA & MIDDLE EAST

**DEXIAN INDIA** 

## MORETHANAPOLICY

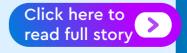
OUR ACTIONABLE APPROACH TO DEI



We believe that a workplace should be an environment where employees can be their whole, authentic selves and work without fear of judgement. The practical framework is intended to establish a secure and friendly environment where all opinions can be heard and appreciated, promoting a feeling of community that cuts beyond departments and job classifications.



KAVITHA VINAYAGAM Senior Director- Human Resource Dexian

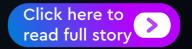


# THE HUMAN ELEMENT OF CYBERSECURITY



Practical cybersecurity awareness training goes beyond one-time compliance modules. Employees need continuous, scenario-based training that reflects the tactics attackers use. These tactics include- phishing, simulations, mock phone scams, even red team exercises that mimic real-world social engineering attempts. These training sessions help people build the instincts to pause, verify, and question before they act.





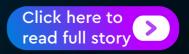
### THE RISE OF



We live in a digital native accustomed to quick access and personalized experiences. Professionals juggle competing demands, tight deadlines, and a constant flow of new data. In this age, the "sit and get" approach to learning feels outdated, making it ineffective.



RANJINI RAJASHEKARAN SENIOR DIRECTOR- HUMAN RESOURCES DEXIAN INDIA

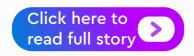




The trend of couples standing ruinously close whispering their arguments is all over social media. These clips makes the viewers and the people doing the argument crack up. It's wholesome and hilarious at the same time. Understandably, most of these videos are made for laughs, but they have also sparked a conversation about making conflict resolution less serious. So, is "whisper-fighting" a mere gimmick, or can it actually help couples deal with conflict in a healthier manner?



AADHYATHMIKA REDDY PSYCHOLOGIST



#### WORKFORCE INTELLIGENCE AS A SERVICE



In a world where businesses run on data, why should talent decisions still be guided by intuition and gut feelings? Why should the single most important factor of organizational success, people, be managed without the same rigor we apply to markets, supply chains, or customer behaviors? This is where WlaaS comes alive. It moves beyond transactional hiring or periodic workforce planning to create a living, breathing intelligence layer.

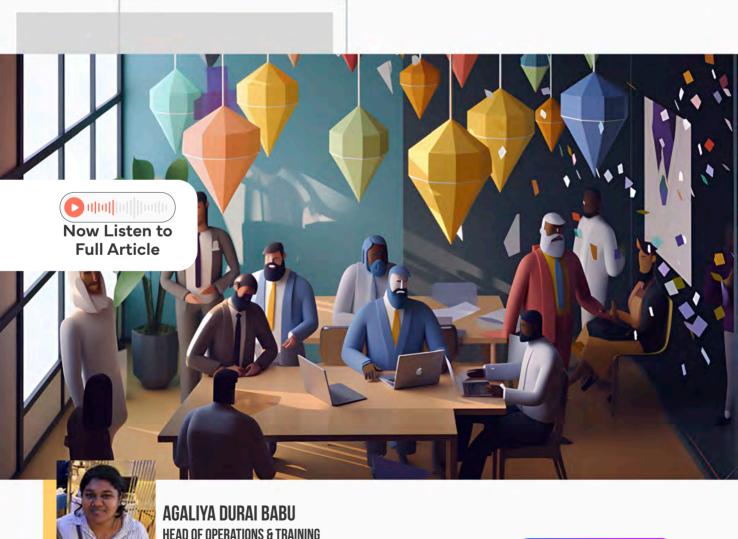


VISHAL CHAUDHARY
EXECUTIVE DIRECTOR
DEXIAN INDIA SOLUTIONS AND CONSULTING - INDIA SALES
DEXIAN INDIA



## WORKPLACE CULTURE, LEADERSHIP, AND WELLNESS

Leadership is one of the most misunderstood concepts in the modern workplace. Too often, people equate leadership with a title, a corner office, or a formal authority. But leadership is never about power it is about responsibility, about the quiet courage to step forward when others step back, and about the willingness to carry the weight of not just your own reputation, but the collective reputation of your team.



**OTOMATIKS** 

## WHY COMPARISON IS STEALING OUR PEACE

Adding to the pressure is the pervasive belief that professional success is a race where constant skill upgradation, certifications, and promotions are the only way forward. This has led to a surge in low-value "skill certifications" offered by dubious organizations—quick courses promising instant expertise with little real substance. Students and young professionals, especially, fall prey to these shortcuts, believing that accumulating certificates will automatically lead to success. However, true growth, mastery, and competence take time, practice, and deep learning.



Page 15

# HARNESSING TIPS FROM SPORTS PSYCHOLOGY



In an article in The New York Times, Christina Caron avers that sportspersons benefit from psychological inputs because performance on the track or court depends on both physical and mental prowess. Further, these strategies aren't applicable only to pros. Ordinary folk, like you and me, can also glean lessons that can hold us in good stead at a job interview or a crucial client meeting.



ARUNA SANKARANARAYANAN PSYCHOLOGIST AND WRITER

Click here to read full story

## FROM CLASSROOM TO ALGORITHM

English today is more than a subject in school—it is a passport to opportunity. In Latin America, learning the language can open doors to higher education, better jobs, and global networks. Yet despite its importance, traditional teaching methods often fall short. Learners lose motivation, classrooms feel disconnected from the workplace, and skill gaps remain.



## THE ZERO-BURNOUT BLUEPRINT

When you face a perceived threat or demand, whether it's a looming deadline or a difficult conversation, your body's ancient stress response kicks in. This "fight or flight" mechanism, governed by your sympathetic nervous system, floods your body with hormones like cortisol and adrenaline. While useful for escaping a saber-toothed tiger, prolonged activation of this system can have detrimental effects like impaired concentration, disrupted sleep, weakened immunity, and chronic fatigue the hallmarks of burnout.









What are you waiting for? For better Career Opportunities

Quick register at ICT Academy Job Portal

https://ictacademy.e2ehiring.com/register









# Building Continuous learners

Send your articles and feedback to editor@ictacademy.in



www.ictconnect.in