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Making new drugs used to take forever. Years, even decades, and tons of money spent on trial and error. But AI is shaking things up big time. It can scan through mountains of data in seconds — everything from chemical formulas to patient histories — and figure out which drug candidates might work. This means new medicines can get to patients faster, and with less guesswork.







### THE UNIVERSE

MY JOURNEY AS A YOUNG AUTHOR

When I was just two years old, I started creating puzzles about space and the world. I was always curious and creative. That creativity helped me in writing my first book, \*Exploring the Universe\*. The book shares what I've learned about space—from the formation of the sun to planets, black holes, asteroids, and even the extinction of dinosaurs. It's a mix of fun learning and imagination.



MAYANSHI PARTHASARATHI

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### CATALYSTS OF CHANGE



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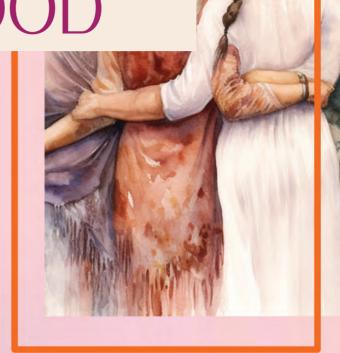
According to Gartner's Strategic Technology Trends 2025, innovation now demands agility across every layer of an organisation. Meanwhile, the World Economic Forum's Future of Jobs Report 2025 confirms that the workplace itself is undergoing a fundamental reconfiguration, shaped by AI, automation, and the imperative of sustainability. DR CHETNA SABHARWAL **DIRECTOR** Click here to

SKILLS REFORM

THE POWER OF SISTERHOOD



In yogic wisdom, every woman carries a divine energy called Shakti. It is the creative, nurturing, and intuitive power that drives transformation and healing. It doesn't shout or control—it flows, it adapts; it holds up space. But modern life, with all its stress, rush, and responsibilities, often disconnects us from this soft power.





### FROM PERKS TO PURPOSE

To truly support employee well-being, companies need to move beyond surface-level perks like yoga sessions or meditation apps. These are helpful but don't address deeper issues. Real wellness comes from building a supportive culture, where managers lead with empathy, one-on-one check-ins happen regularly, and people feel safe to make mistakes and asking for help.



### SMART FARMING MARKETS

India's farmers are the heart of the nation. With the rise of smart farming markets and digital platforms, they are finally gaining the tools, access, and recognition they deserve. Through technology, empowerment, and collective vision, Indian agriculture is being transformed — into a sector that is prosperous, connected, transparent, and future-ready.

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**VENKAT LAKSHMINARASIMHA** EXECUTIVE DIRECTOR, DISC — SOLUTIONS AND SALES INDIA & MIDDLE EAST, DEXIAN INDIA

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# FROM FIELD TO FOUNDATION

Sports psychology has long been the science behind helping athletes build resilience, focus, and emotional regulation amid intense pressure. Today, these principles are evolving, becoming more holistic, experiential, and intertwined with technological innovations. At the same time, their relevance is quietly extending beyond sports, offering valuable lessons to diverse fields, including leadership and team dynamics in various professional settings.



# ARTIFICIAL INTELLIGENCE AUTOMATION AND THE FUTURE OF WORK



In a dynamic environment,
HR has never been more
critical or more complex. HR
no longer follows traditional
management; it now operates
in conjunction with technology,
strategy, and culture, all
combined for greater efficiency.
As both architects and
navigators of organizational
change, HR leaders guide
their companies through the
unpredictable Al-enabled
future.



KAVITHA VINAYAGAM Senior Director- Human Resource Dexian India



# TEACHING THAT TRANSFORMS



memorize answers. It's about changing how we teach — from speaking to listening, from facts to thinking, from control to care. As teachers and leaders, we must keep learning too. The world belongs to those who grow every day.



ARTHI SUBRAMANIAN
FOUNDER
DHAKSCO - WEALTH & PERSONAL DEVELOPMENT



## ACADEMIC LEADER

Balancing home and ambition are never easy. Raising children largely alone due to my husband's frequent postings meant managing their education, emotional well-being, and development with minimal support. Yet, I see that phase as one of my biggest strengths today. It made me a better decision-maker, a more compassionate human being, and a stronger professional.



# THE PSYCHOLOGY OF QUITTING BEFORE ACHIEVING



Quitting is not bad, it is about quitting at the right time. "Winners quit all the time. They just know when to quit the right stuff at the right time." – Seth Godin.



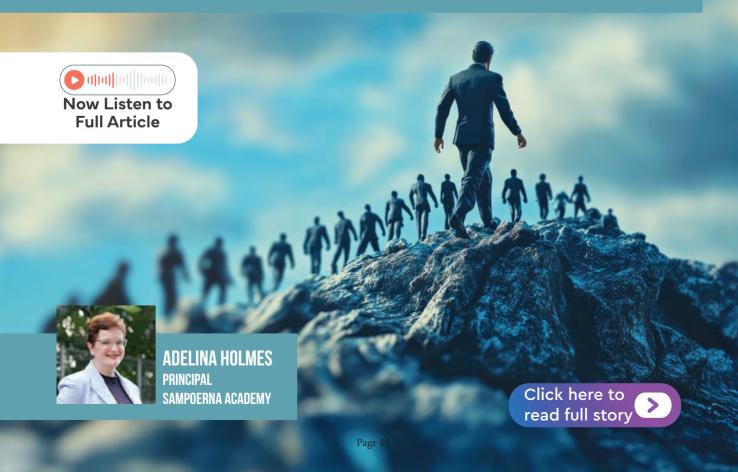
SRIPRAKASH NADADHUR SRIDHARAN Founder Praina Consulting



### THE POWER OF

### INCLUSIVE LEADERSHIP

Leadership without inclusion can create barriers that damage both people and progress. When leaders fail to prioritize belonging and equity, the result is often low morale, high turnover, and broken trust. Voices get lost. Innovation stalls. The workplace becomes a place of survival rather than growth. Over time, a lack of inclusion can cost organizations their relevance and their impact. It also leads to inequities that ripple through communities (Shepherd et al., 2019).



### SINGING SCIENCE

Years ago, while teaching in Madrid, I noticed that newly arrived students who struggled in most lessons seemed to thrive in the music room. It was a space where language barriers softened. This observation planted a seed: could music be used not only to comfort students but to accelerate their learning in other subjects?



# BETHE AUTHOR OF YOUR LIFE

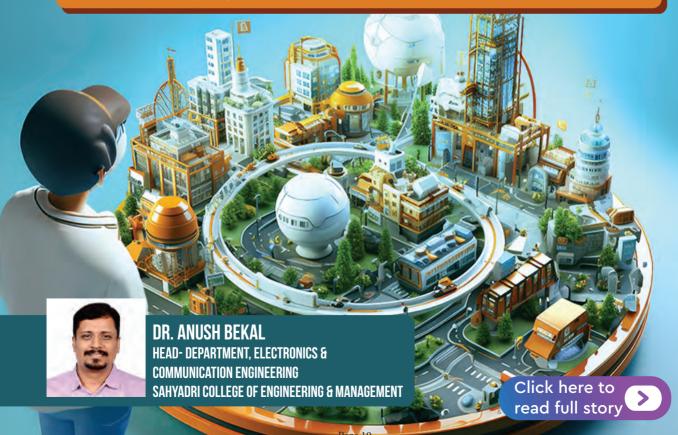
There is that evergreen cliche that pops up on every new year day, "We have a book with 365 pages ready to be filled in, go ahead and fill it with your own stories!" It looks really good on a reel or a WhatsApp status. But trust me, not many of us will be willing to be the author of our own story. We have grown up in a way that we always look up to someone who has travelled ahead of us and tend to follow their paths as they have already made a way.



# REIMAGINING INDIA'S FUTURE



Programs like the Atal Tinkering Labs in thousands of schools ignite young students' interest in science and technology by providing spaces to tinker, build and innovate. By catching students early and making STEM learning fun and hands-on, these labs aim to instill a maker mindset. At the university level, hackathons, innovation contests, and startup incubation programs have become mainstream.









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# Building Continuous learners

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