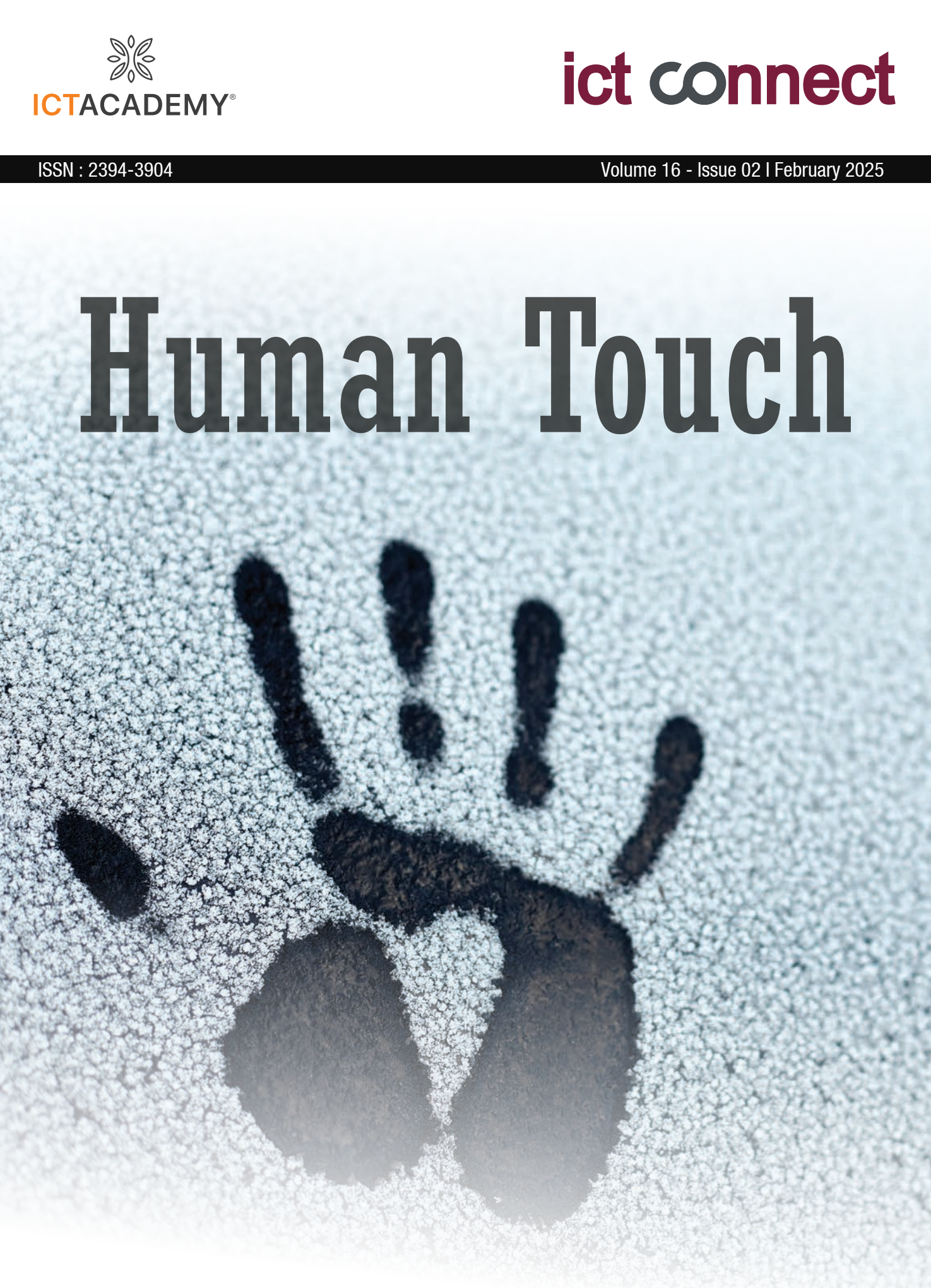


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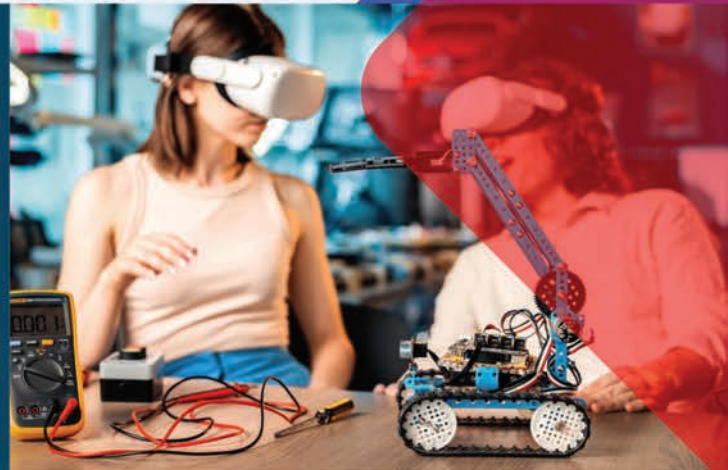




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TRANSFORMING A ONE-WAY STREET INTO A TWO-WAY AVENUE

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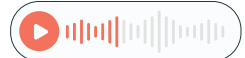
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# DIGITAL PERSONAL DATA PROTECTION [DPDP] ACT



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DPDP is inspired by global data protection regulations such as the General Data Protection Regulation (GDPR) in the European Union, the California Consumer Privacy Act (CCPA) in the United States, and other regional privacy legislation. While GDPR is notorious for its strict data subject rights and harsh penalties, the DPDP Act is tailored to India's digital ecosystem, emphasizing a balanced regulatory framework that encourages innovation while maintaining data protection.



**SANTHOSH KAPALAVAI**  
SENIOR MANAGER – (GOVERNANCE, RISK, COMPLIANCE)  
DEXIAN INDIA

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# THE FUTURE OF FOOD SECURITY

Agri-tech uses sophisticated technologies like artificial intelligence (AI), the Internet of Things (IoT), blockchain, and precision agriculture to increase productivity, minimize waste, and develop sustainable food systems. From drones monitoring crops to AI-driven irrigation systems, technology provides farmers with tools to fight long-standing agricultural difficulties.



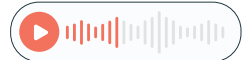
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EXECUTIVE DIRECTOR, DISC – SOLUTIONS AND SALES  
INDIA & MIDDLE EAST  
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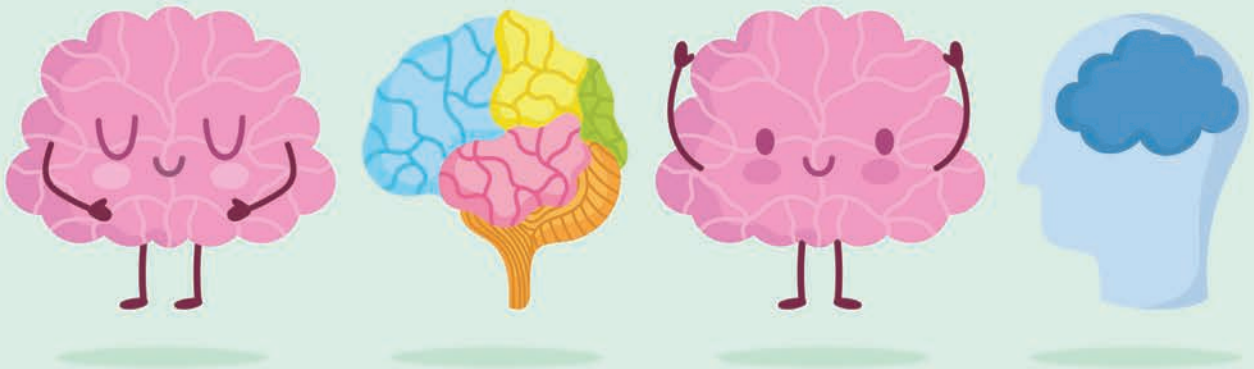


# The Role of Emotional Intelligence

## in Talent Acquisition



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Recruiting is no longer just about matching technical talents to job requirements; it's about identifying people who share the company's values, culture, and vision. Emotional intelligence allows recruiters to assess a candidate's capacity to collaborate, communicate, and adjust within the organization.



**VISHAL CHAUDHARY**  
EXECUTIVE DIRECTOR-INDIA SALES  
DEXIAN INDIA

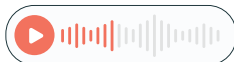
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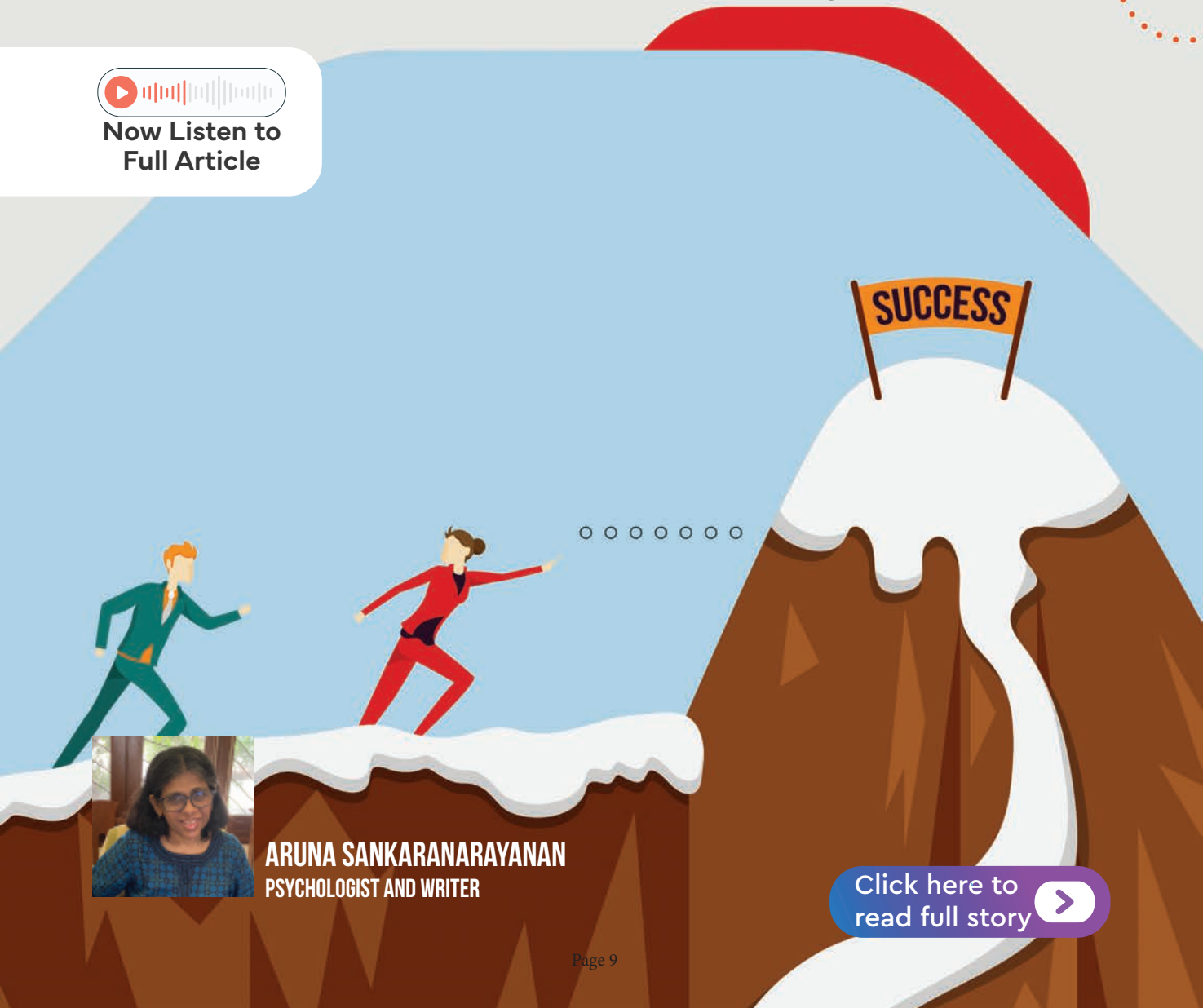


# QUITTING RIGHT

Most people would agree that trekking requires a lot of guts. Though you may be physically healthy, you cannot climb mountains unless you cultivate a steadfast desire to endure. That is precisely why experienced mountain climbers have a “turnaround time” when scrambling up rocky mountain slopes. According to Duke, a turnaround time is a predetermined moment at which trekkers cease climbing for the day and return to base camp, even if they have not reached their desired target.



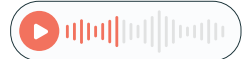
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**ARUNA SANKARANARAYANAN**  
PSYCHOLOGIST AND WRITER

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# *The Rise of Solopreneurs*



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Why am I mentioning this here? Because the first step is to break free from illusions and society conditioning, which have become the most significant impediments to personal growth. The greatest impediment to individual development is the perception of security associated with traditional employment. Many people are hesitant to move outside of their comfort zones because society has conditioned them to associate security with a steady wage.



**SHYLAPATHI T**  
CEO  
SKY VOICE LEADERSHIP ORACLE

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# HAPPINESS HABITS TO HAVE



We must remind ourselves that nothing that happens to us is personal. People act according to their situations, belief systems, flaws or strengths, assumptions or superstitions, which may be valid to each person at a given point in time.



**DR. SREELEKHA KOPPARMBIL**  
ASSISTANT PROFESSOR, MANAGERIAL COMMUNICATION  
NMIMS, BANGALORE

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# Power of Words



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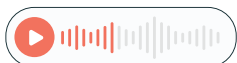
We have come across lots of incidents where individuals irrespective of their ages have gone into depression and anxiety because of the words spoken over them by people around them without a second thought and not thinking through about the effects those words might have on others. If you have anything to say at all, make sure it will create only a positive impact and nothing else



**SHALINI SOLOMON**  
HEAD - PEOPLE AND VALUES  
KAZH FINTECH PRIVATE LIMITED

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# EDUCATION 5.0 USING *THE SMAC STACK*




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Digital transformation can facilitate quality improvement of education systems and bring about greater equity. Nevertheless, we need to be wary of a digital divide and the equitable and safe development of educational technologies, including the use of Generative AI in education. One technology ensemble that can be widely deployed in the educational context is the SMAC stack. This convergence of four cutting-edge technologies drives innovation.



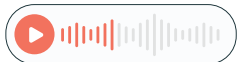
**DR. PRASHANT R. NAIR**  
HEAD, INTERNAL QUALITY ASSURANCE CELL (IQAC)  
AMRITA VISHWA VIDYAPEETHAM  
COIMBATORE

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# THE FUTURE OF GCCS

## Predictions for Growth and Development in the Next Decade

India, with its deep talent pool and thriving tech ecosystem, is at the forefront of this evolution. GCCs in the country are increasingly adopting advanced roles, from cloud computing to cybersecurity, contributing significantly to global growth strategies.



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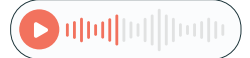
**KUMAR RAJAGOPALAN**  
VICE PRESIDENT INITIATIVES AND COUNTRY HEAD  
INDIA EXECUTIVE  
DEXIAN

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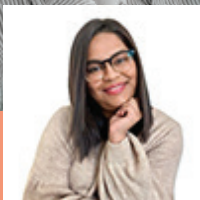
# Microbreaks and Mental Health

## Does a 5-Minute Break Really Matter?

How many times have you ignored your fatigue and told yourself, “I just need to push through,” or heard the ever-popular phrase, “It’s all in your head”? Rest isn’t something you earn after checking off every task.



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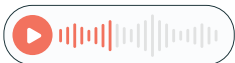


**AADHYATHMIKA REDDY**  
PSYCHOLOGIST

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# SEVEN SMART MONEY

## Saving Tips for Teens



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Many people find it difficult to save money or reach their financial objectives because they are unclear about their financial objectives. Do you intend to buy a laptop, buy a car, or save money for college expenses? Selecting your financial goal is the first and most important step in saving.



**SHIVANAND PANDIT**  
TAX SPECIALIST & AUTHOR

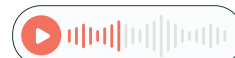
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# The Golden Swan

## Greed Has Consequences



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The mother warned her, “My child, the swan gives because it’s kind. We should feel thankful and accept what we get patiently.”  
But the daughter wouldn’t listen.



**S ANISHA THANGAKANI**  
ASSISTANT PROFESSOR  
VIDHYA SAGAR WOMEN'S COLLEGE

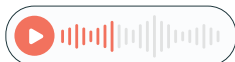
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# Find Your Fire

## Pursue Your Passion with Purpose!


Pursuing your life's purpose is exhilarating. It fills your days with meaning, ignites your passion, and fuels your ambition. But let's be real chasing your dreams isn't always smooth sailing. It comes with late nights, self-doubt, and moments of exhaustion.



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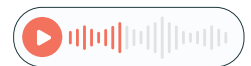


**DR. NAGAMANI KRISHNAMURTHY**  
FOUNDER  
BALAVIKASA EDUCATIONAL ACADEMY

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# The Interview Revolution

Transforming a One-Way Street into a Two-Way Avenue



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Whatever be the purpose, surely, after an interview, there is an outcome that is either positive or negative. Whereas, both sides, before the interview, are equally desirous that the interaction is smooth and concludes on a positive note of mutual acceptance.



**ASH NAN**  
AUTHOR  
CERTIFIED LIFE & CAREER COACH

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